FOOD ZONE

LUNCH MENU

BISHOP CANEVIN HIGH SCHOOL

Sept19-23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTREE	Chicken Fajita with Sauteed Peppers & Onions Steamed Rice	Sloppy Joes on a Bun Braised Carrots	Brunch For Lunch French Toast Sticks Sausage Hash Browns	Popcorn Chicken Mashed Potatoes Corn & Gravy in a Bowl	Baked Ziti with Breadstick Steamed Broccoli
GRILL	Cheeseburger Chicken Sandwich Spicy Chicken	Hot Dog Chicken Sandwich Spicy Chicken	Chicken Tenders Chicken Sandwich Spicy Chicken	Cheeseburger Chicken Sandwich Spicy Chicken	Pierogies Chicken Sandwich Spicy Chicken
PIZZA	Cheese Pizza Pepperoni Sausage	Cheese Pizza Pepperoni Buffalo Chicken	Cheese Pizza Pepperoni Sausage	Cheese Pizza Pepperoni Buffalo Chicken	Cheese Pizza Pepperoni White Pizza
DELI	BBQ Chicken Wrap Turkey Sandwich	Buffalo Chicken Wrap Ham Sandwich	Italian Hoagie Turkey Sandwich	Chicken Caesar Wrap Ham Sandwich	BBQ Chicken Wrap Turkey Sandwich
SIDES	Tossed Salad Pasta Salad Carrots & Celery Pudding French Fries	Tossed Salad Pasta Salad Carrots & Celery Fruit &Yogurt Parfait French Fries	Tossed Salad Pasta Salad Carrots & Celery Pudding French Fries	Tossed Salad Pasta Salad Carrots & Celery Fruit &Yogurt Parfait French Fries	Tossed Salad Pasta Salad Carrots & Celery Pudding French Fries

Menu Subject To Change

Whole Fresh Fruit & Freshly Baked Cookies Offered Daily

Nutritional Targets: Calories: 846 Iron: 4.50 Mg Calcium: 400 Mg Vitamin A: 1500 IU
Vitamin C: 19.18 Mg Protein: 16.7 G Total Fat Less Than 30%
Saturated Fat Less Than 10%

Fresh
THE FAMILY DIFFERENCE IN HOSPITALITY SERVICES

No child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write to the Dept. of Agriculture, Washington D.C. 20250