

## Bishop Canevin Advent Resources 2021

### Prayer

[Hallow app](#)- Free 3-month trial for BC parents & families

[Advent family resource guide](#)- created by Hallow

[Advent prayers for families](#)- Sadlier Religion

[Advent & Christmas Prayers](#)- My Catholic Life

### Music

Advent Songs by the Porter's Gate ([Spotify](#) or [Youtube](#))

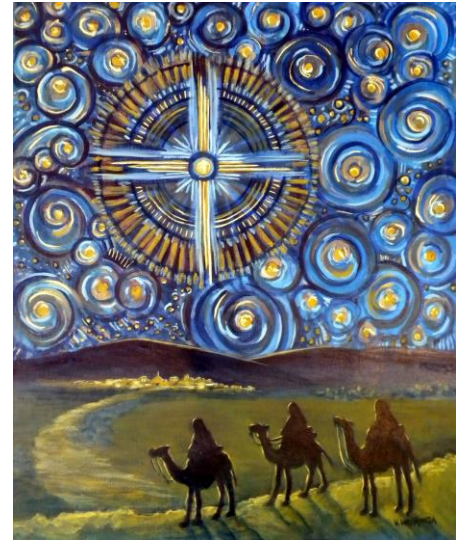
[Advent Playlist by Art & Theology](#) (Spotify)

[Advent with Sacred Ordinary Days Playlist](#) (Spotify)

[An Unconventional Advent Playlist](#) (Spotify)

[O Antiphons](#) by the monks at the Saint John's Abbey (Youtube)

[The Piano Guys](#)- Holiday Instrumental Music (Youtube)



### Ignatian Resources

[Advent Storytelling Pilgrimage Daily Reflections](#)- Jesuits.org

[Virtual Posadas](#)- From December 16-24, join the Ignatian Solidarity Network and the Kino Border Initiative in a virtual experience of music, art, prayer, reflection, and action as they journey with the holy family and migrants around the world in search of shelter and protection.

[Advent Simplicity Challenge](#)- In a season that can mistakenly be focused on consumption, explore ways to live simply as we prepare for the coming of Jesus and the restoration of the earth. Sign up for the challenge to receive reminder emails to check the advent calendar which will be filled with daily inspiration to live abundantly while healing the earth.

[How is Advent Celebrated?](#)- video from Jesuit Autocomplete

[Advent Resources](#)- Loyola Press

["Praying Advent" Resources](#)- Creighton University

### Advent Daily Reflections

[Bishop Barron](#)- short, daily written reflections and questions based on the daily gospel reading

[Advent Made Simple](#)- short, daily video reflections from Black Catholic leaders

[Best Advent Ever](#)- daily email reflections from Dynamic Catholic

[Advent Reflections from Hope over Death Blog](#)- Catholic Mobilizing Network provides a short email reflection on the Sunday's Gospel readings written by a fellow person of faith working to transform the broken U.S. criminal legal system.

### Virtual Advent Retreats

[Deepening Kinship on the Journey](#)- sponsored by Discerning Deacons

[Walking Towards Bethlehem](#)- sponsored by Sadlier Religion

[Advent Community Prayer Nights and Webinars](#)- sponsored by Hallow

## **Learning More about Advent**

[Advent in Two Minutes](#)- Video from Busted Halo

[Advent: More than a Chocolate Calendar](#)- video from Fr. Mike Schmitz

[How is Advent Celebrated?](#)- video from Jesuit Autocomplete

[Explanation of Various Advent Traditions and Celebrations](#)- United States Conference of Catholic Bishops Resources

## **Mental Health/Well-Being**

[This is the Advent of all Advents to give yourself permission to actually rest](#)- 2020 article from America Media (still very relevant!)

[Advent & Anxiety: Is there Hope?](#)

## **Podcasts**

[The Necessity of Advent: Can the Weary World Still Rejoice?](#)- Upside Down podcast episode

[Abiding Together Advent Series](#)- various podcast episodes

## **Books/Magazines**

[Pittsburgh Catholic Magazine](#)- sign up to received a free copy of the Advent/Christmas edition of the Pittsburgh Catholic Magazine

[Honest Advent](#)- 25 illustrations & meditations contemplating the vulnerability of the Incarnation

[By Candlelight, By Starlight](#)- Advent Devotional based on 6 Saints